



# HEALTH AND WELLNESS, MINOR

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Code	Title	Credit Hours
<b>Required</b>		
HS 200 	Comp Medical Terminology (CT)	3
ESS 220	Fitness and Wellness	3
DTS 210	Nutrition	3
PH 270 	Global Health (CT)	3
PEL aerobic course		1
PEL strength training course		1
Total Credit Hours		14