

# EXERCISE SCIENCE, MINOR

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Code	Title	Credit Hours
<b>Required</b>		
HS 222	Hlth Prov First Aid/CPR/AED	3
DTS 210	Nutrition	3
ESS 211	Physiology of Fitness	3
<b>Electives</b>		
Select two of the following:		6
HS 220	Personal Health	
HS 365	Functional Kinesiology	
HS 369	Motor Learning	
ESS 442	Princ of Strength & Cond	
ESS 345	Exercise Physiology	
Total Credit Hours		15