

CARDIOMETABOLIC REHABILITATION, AREA OF EMPHASIS

Cardiometabolic Rehabilitation

Code	Title	Credit Hours
Required Courses		
ESS 578	Exercise Metabolism	3
ESS 623	Adv Ex Phys II (Neuromuscular and Environmental Adaptation)	3
ESS 660	Internship	6
ESS 682	Prev & Rehab Physiology (Clinical Perspectives)	3
ESS 683	Cardiovascular Assessment	3
Electives		
Select 6 hours from the following or other approved courses:		6
ESS 644	Cardio Exer Physiol	
ESS 645	Respir Exer Physiol	
Total Credit Hours		24